

# Complete Measurement Guide for Men

\*Please enter measurement in decimals only:  $\frac{1}{4}=.25$ ,  $\frac{1}{2}=.50$ ,  $\frac{3}{4}=.75$

## 1. Collar



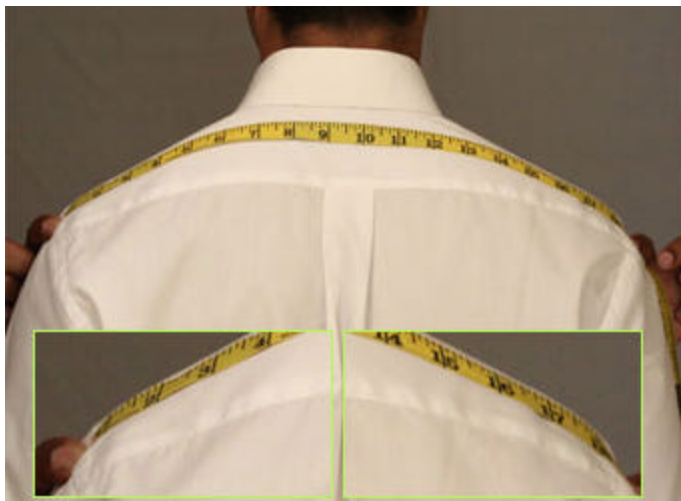
Put the measurement tape around the neck where the collar center would be. Add 1" to the exact neck size.

## 2. Chest



Measure around the fullest part of your chest.

### 3. Shoulder



Measure the distance between the sleeves, from one edge of the shoulder to the other, across back.

### 4. Right Sleeve



From the right shoulder seam to the end of the unbuttoned sleeves cuff.

### 5. Left Sleeve



From the left shoulder seam to the end of the unbuttoned sleeves cuff.

## 6. Bicep



Measure around the biggest part of your bicep.

## 7. Cuff



Measure the actual wrist size over the wrist bone. Add  $\frac{1}{4}$ " if you wear a thin watch or add  $\frac{1}{2}$ " for big watch.

## 8. Stomach



Measure around the fullest part of your stomach.

## 9. Waist



Measure around the fullest part of your waist.

## 10. Hips



Measure around the fullest part of your hips.

## 11. Front Length (Jacket/Shirt)



Measure from the base of the collar to the actual length require or to the bottom of the jacket/shirt.

## 12. Outseam



Measure from top of waist line to bottom of cuff which is desired length.

## 13. Inseam



Measure inseam from crotch to bottom of cuff which is desired length.

## 14. Crotch



Measure from the top of the waistband in the front to the top of waistband in the back.



### 15. Thigh



Measure widest part of thigh.

### 16. Knee



Measure around your knee.

### 17. Leg opening



Measure around the bottom width of trouser for your desired size.